



MonaLisa Touch is a breakthrough in the non-invasive treatment of vaginal atrophy and incontinence, a condition that affects up to 50% of women

MonaLisa Touch

MonaLisa Touch is a quick, non-hormonal, non-surgical and highly effective treatment for many uncomfortable vaginal and urinary incontinence symptoms, known as vaginal atrophy or aging.

The laser uniquely addresses the cause of vaginal atrophy. It replicates the effect of oestrogen by stimulating the body's own regenerative processes, restoring the vaginal wall health, function and sensation.

Symptoms:

- Vaginal dryness, burning and itching
- Loss of elasticity and tone
- Urinary incontinence or light bladder leakage
- Thrush and bladder infections
- Painful intercourse
- Prolapse
- Reduced sensitivity and sexual arousal

Causes:

- Decline in oestrogen most commonly through natural menopause
- Prolonged progesterone only contraception
- Prolonged breastfeeding
- Premature menopause states such as primary ovarian failure
- Induced menopause secondary to cancer medication or surgery

Results with MonaLisa Touch

- Much better natural lubrication
- More comfortable intercourse
- Decreased burning, itching and irritation
- Decreased stress incontinence
- Less infections (thrush, UTIs)
- Vaginal tightening and elasticity
- Increased sensation and responsiveness in vulvovaginal tissues
- Increased libido and confidence

The MonaLisa Touch Treatment

- Vaginal canal is dried using gauze
- A smooth, sterile hand-piece is gently inserted in the vaginal canal
- Slight vibration, minimal discomfort
- Painless, no anaesthetic required
- Actual treatment lasts 5 minutes
- Immediately return to daily activities
- The MonaLisa Touch laser naturally triggers the regeneration processes of the vaginal surface
- Produces results within days and continues collagen remodelling for up to 1 year

Other Points

- No referral required, however, pre-treatment consultation is required plus an up-to-date clear pap smear
- No intercourse or strenuous activity for 5 days after treatment
- Top-up treatments prolong results